

# Principal for a Day

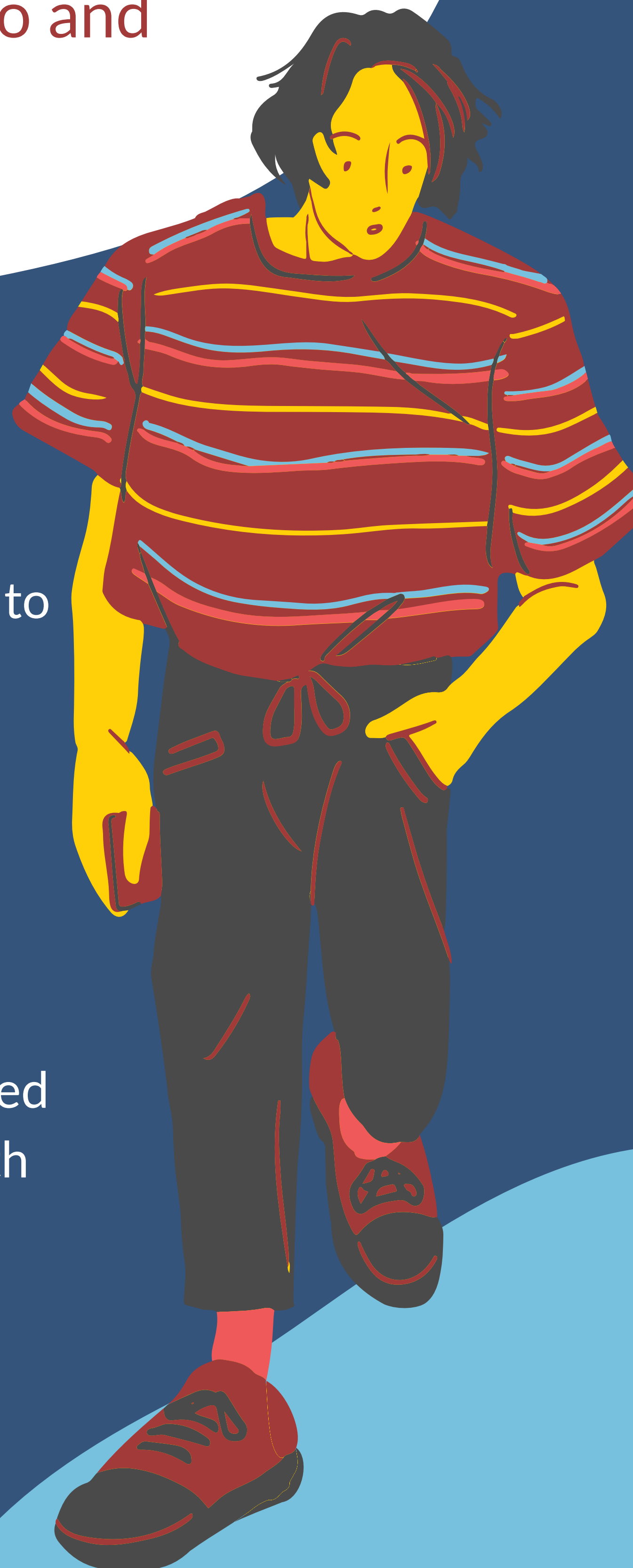
Come have your say on tobacco and vaping at our workshop!

## WHAT IS THE AIM?

To provide evidence-based information to young Canadians in order for them to make informed decisions and actions related to tobacco, cannabis and vaping usage.

## WHAT WILL HAPPEN?

The ideas and recommendations collected during the workshops will be shared with Health Canada and key stakeholders to better support their planned strategies aimed at reducing substance usage amongst young Canadians.



# Workshop Outcomes



## THE LEARNING OUTCOMES OF THE WORKSHOP ARE:

1. Access information/knowledge about the health and other risks related to tobacco and other substances.
2. Inform policymakers about their realities, and what's working and not working.
3. Encourage youth across Canada to improve health behaviors related to tobacco, and other substance use.
4. Create safe spaces for youth to reflect on substance usage
5. Gather knowledge from youth about tobacco use and communicate that knowledge to key stakeholders, including policy-makers.

### For more information:

Email: [dave@studentscommission.ca](mailto:dave@studentscommission.ca)

Or

Visit our website:

<https://www.studentscommission.ca/en/nylt>

